

# BANDWIDTH RECOVERY Helping Pre-K-12 Students Regain Cognitive Resources Lost to Poverty, Trauma, Racism, and Social Marginalization Cia Verschelden October 2020: 232 pp Pb: 9781642670776: \$36.95

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## Bandwidth Recovery

Helping Students Reclaim Cognitive Resources Lost to Poverty, Racism, and Social Marginalization By Cia Verschelden

Cia Verschelden presents strategies for promoting a growth mindset and self-efficacy, for developing supports that build upon students' values and prior knowledge and for creating learning environments both in and out of the classroom so students can feel a sense of belonging and community. She addresses issues of stereotyping and exclusion and discusses institutional structures and processes that create identity-safe rather than identity-threat learning environment.

## Bandwidth Recovery For Schools

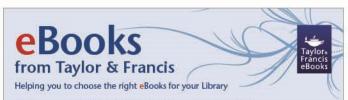
Helping Pre-K-12 Students Regain Cognitive Resources Lost to Poverty, Trauma, Racism, and Social Marginalization

### By Cia Verschelden

This book offers practical ideas for creating more teachersupportive systems and addresses how principals and administrators can harness teachers' ideas and energies to create inclusive and successful learning environments for all students. This book is for teachers, parents, school leaders, and members of communities who are interested in the well-being of children and youth and the education of all our children. All of us have a stake in a public school system from which students emerge as fully-formed learners and thinkers and who believe in their ability to affect what happens to them and their communities.







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